







#### SIDE EVENT



# Social Reintegration as a Key to Successful Recovery

# **Croatian Experience in Social Reintegration of Drug Users**

**Focus on Women** 

Jadranka Ivandić Zimić, Ph.D.

Office for Combating Drugs Abuse of the Government of the Republic of Croatia jadranka.ivandic@uredzadroge.hr

### The Social Reintegration of Drug Addicts

 Drug dependent persons are often unable to successfully adjust to their social environment, a large number of them return to an addict lifestyle.



The negative **public opinion** about the addiction problem

Reasons:



**Insufficient** family and wider social **support** 

UNODC publications: Drug dependence treatment: sustained recovery management (2008, p. 17)

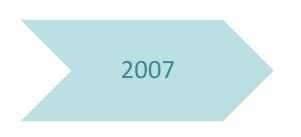


- Physical and mental health
- Family and social support and leisure activities
- Safe housing and a healthy environment
- Support of peer-groups
- Employment and resolution of legal issues
- Integration into the community and cultural support
- Rediscovering the purpose and meaning of life

### The Project of Social Reintegration

• **Social reintegration:** following psycho-social rehabilitation and treatment, an important factor in the integral recovery of treated drug dependent persons

#### The Government of the Republic of Croatia adopted:



- The Project of Social Reintegration of Drug Dependent Persons
- The Protocol of Cooperation and Operation of the relevant national authorities, institutions and civil society organisations for the implementation of the Project of Social Reintegration.

The Project includes two main measures:

- Professional retraining and additional training of drug dependent persons who are in one of the rehabilitation programmes or have completed such a programme
- Stimulating employment of drug dependent persons

### The Project of Social Reintegration

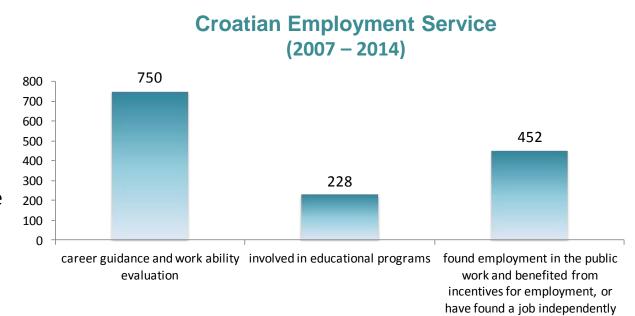


#### The Basic objective of the Project:

- Creating an adequate social reintegration model for drug dependent persons in the community
- The Project includes the following **interventions**:
  - ✓ psycho-social support
  - completion of secondary education
  - ✓ retraining and employment
  - assistance in finding a place or organized housing for recovering drug users (a residential community)
- In Croatia, we are actively working on adapting The Project of Social Reintegration to the specific needs of women and give chances for their successful recovery.

### The Main Results of the Project - Reports

- Croatian Employment Service involved 750 drug users. 228 of them involved in educational programs, and 452 found employment (public work and other jobs)
- 568 drug dependent persons benefited from education at the expense of the Ministry of Science, Education and Sports
- Over 6 000 persons received assistance from NGO's.



3 cooperatives that develop social cooperative entrepreneurship have been established. They employ about 20 people.



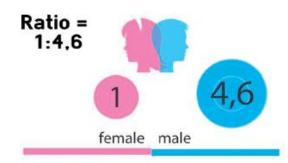
 Two residential communities have also been established, offering housing and other social reintegration programmes.

#### Women in the Project of Social Reintegration

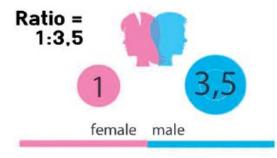
Women make up a significant percentage of clients in the Project.

The ratio of women in the Project is higher than the ratio of treated women by the Healthcare Department.

Treated Drug Dependent Persons by Healthcare Department (2013)



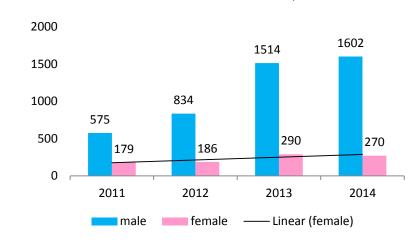
Included in the Project during 2011, 2012 and 2013



\*Ratio = 1:3,5, with the exception of the prison system where the ratio of male addicts is significantly higher. This is due to the smaller number of female addicts in prison.

The perecentage of drug users in the Project is increasing from year to year.

This is an increase of 3,6% as compared to 2013, when there were 1 840 drug users (290 female), and 83% as compared to 2012.



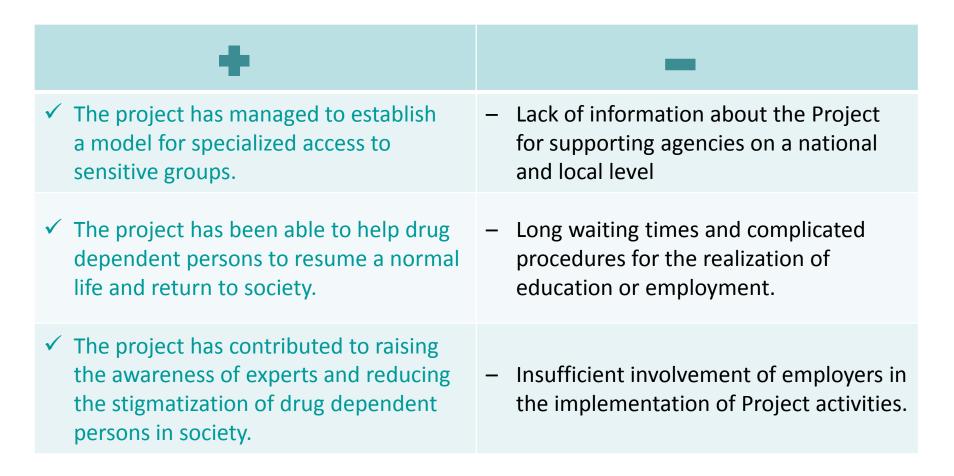
- ✓ Along with the series of positive results and challenges of implementation, the Office for Combating Drug Abuse conducted a scientific **evaluation** of the Project
- ✓ The aim of the evaluation was to determine how well and according to plan the Project is being carried out

#### Methods of evaluation

- The Project analysis reports (2007 2013), includes the report from the personal data base about the Project beneficiaries.
- 7 focus groups as a qualitative research method, in which the representatives of the implementers at the national level (ministries, institutes), and local level (NGO-s, centers for social work, regional agencies for employment) and beneficiaries
- On-line questionnaire was used in order to examine the attitudes of the implementers and beneficiaries.

# The Project of Re-Socialization for Drug Addicts – Evaluation Results of the Focus Groups

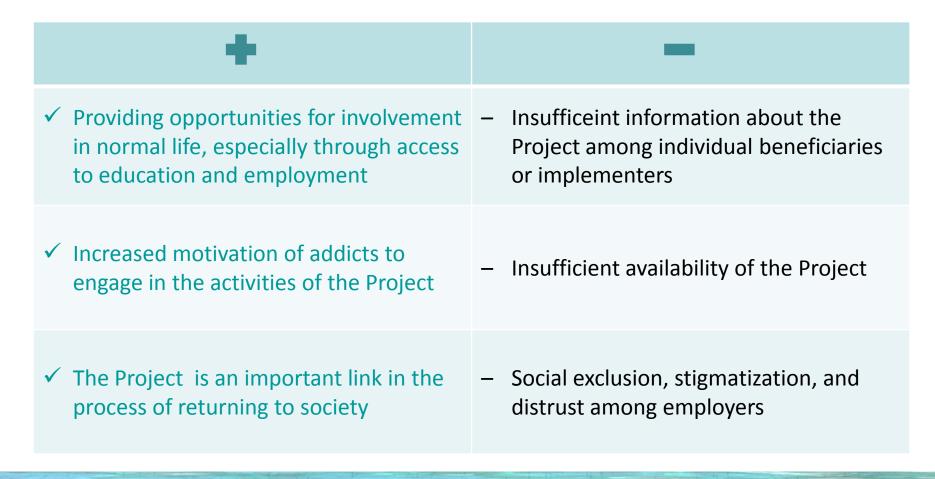
National and local level - IMPLEMENTERS' point of view:



## The Project of Social Reintegration for Drug Addicts

#### Evaluation Results of the Focus Groups

The BENEFICIARIES (drug dependent persons) point of view:



# Online questionnaire analysis - Contributions of the Project: The Results confirm the results from the focus group

| Claim   | Categories of respondents in the project of re-socialization with respect to the way of involvement |                       |  |   |
|---|---|-----------------------|--|---|
|   | Users-<br>treated<br>addicts  | Implemente rs in NGOs | Implementers in public institutions on a local level | Implementers in public institutions on a national level |
| 1. It created a model of resocialization into the community.  | 63,5%   | 65,4%                 | 58,1%  | 53,9%   |
| 2. It reduced the stigmatization of addicts in society.   | 42,6%   | 50,0%                 | 23,5%  | 38,5%   |
| 3. It encouraged a greater involvement of state institutions and associations working in the field of re-socialization. | 57,5%   | 65,4%                 | 71,6%  | 69,2%   |
| 4. It encouraged former addicts to be involved in the activities of education and employment.                           | 68,3%   | 77,0%                 | 63,0%  | 46,2%   |
| 5. It helped increase the self-confidence of recovering addicts.  | 71,6%   | 53,9%                 | 46,9%  | 15,4%   |
| 6.It helped increase the motivation of recovering addicts for getting education and employment.                         | 73,0%   | 69,2%                 | 51,9%  | 23,1%   |
| 7. It increased public awareness towards treated addicts.   | 41,2%   | 30,7%                 | 23,4%  | 38,5%   |
| 8. It provided psycho-social support to addicts and their families.   | 60,8%   | 69,2%                 | 60,5%  | 38,5%   |
| 9. It helped reduce the rate of relapses among recovering addicts   | 52.1%   | 53.9%                 | 25.9%  | 23.1%   |

# Insufficiencies of the Project – the problems drug dependent people face when they return to society The Results confirm the results from the focus group

| Claim  | Categories of respondents the project of re-socialization with respect to their way of involvement |                         |   |   |  |
|--|--|-------------------------|---|---|--|
|  | Users-<br>treated<br>addicts   | Implementers<br>in NGOs | Implementers in a public institution on a local level | Implemeters in a public institution on a mational level |  |
| 1. <b>Insufficient support of state institutions</b> in providing advisory assistance, finding employment and / or further education | 76,4%  | 73,1%                   | 48,1%   | 46,2%   |  |
| 2. The negative attitude of the public about the problem of addiction and drug addicts   | 77,7%  | 77,0%                   | 79,0%   | 69,2%   |  |
| 3. Lack of counseling and other psychological help from NGOs   | 33,8%  | 26,9%                   | 37,0%   | 46,2%   |  |
| 4. Social exclusion of addicts   | 72,3%  | 69,3%                   | 72,9%   | 69,3%   |  |
| 5. Lack of information for addicts and their families on how and where to get help regarding re-socialization.                       | 55,4%  | 57,7%                   | 48,2%   | 46,2%   |  |
| 6. Lack of family support.   | 50,0%  | 61,5%                   | 53,1%   | 46,2%   |  |
| 7.Lack of self-confidence and motivation for drug addicts.   | 65,6%  | 80,8%                   | 71,6%   | 61,6%   |  |

# Womens perspectives from the evaluation of the **Project**



#### Focus Group: Comments and conclusions of female drug dependent persons



- •The project increased their social skills, self-confidence, communication, and their ability to establish relationships with other people.
- •The existence of associations which offer psycho-social support is really important in their resocialization

#### Focus Group: Comments and conclusions of female drug dependent persons

• A lack of support groups in community



•A lack of job offers in professions which are suitable for the psycho-physical abilities of female drug dependent persons

# Womens' perspectives from the evaluation of the **Project**



#### Online questionnaire analysis (113 M: 34 F)

•The project is **generally positive** for 85 % of the women who are also familiar with the Project in details

### **Contributions of the Project:**



- •Increased their motivation for employment and education (73,5%)
- •Established a model of social reintegration into the community (67,6%)
- Positively influenced the self-confidence of treated drug depedendent persons (76.3%)

#### **Insufficiencies of the Project**

- •Negative attitudes of the general public about drug problems and drug users (79,4%)
- •Insufficient support from state institutions in social reintegration (76,5%)
- Social exclusion of drug depedendent persons (76,4%)

#### **Conclusions drawn from the evaluation of the Project**

- The general assessment of the Project is positive, and we can say that it achieved satisfactory results.
- The project has contributed to a better inclusion of drug dependent persons in the community and provides a better chance for abstinence.
- Stigmatization is still present especially with employers.
- Considering the specific **needs of drug dependent women**, it is necessary to develop special programmes for the social reintegration of females which have to include:
  - ✓ groups for psycho-social support after they leave the institutions
  - work with families
  - ✓ transition forms of social reintegration, such as housing groups
  - ✓ vocation and job offers suitable for the psycho-physical abilities of women.

#### **Thank You for Your Attention!**

jadranka.ivandic@uredzadroge.hr

Office for Combating Drugs Abuse of the Government of the Republic of Croatia

